

Appendix: Recommended Readings

There are certain core books that were recommended in many of the chapters. Those are listed first. Then books that were just mentioned in one or two chapters are given.

Core Readings

- Anonymous. *A Course in Miracles*, 3rd ed., Helen Schucman, scribe. Mill Valley, CA: Foundation for Inner Peace, 2007.
- Ardagh, Arjuna. *Awakening into Oneness*. Boulder, CO: Sounds True, 2007.
- Dwoskin, Hale. *The Sedona Method: Your Key to Lasting Happiness, Success, Peace and Emotional Well-Being*. Sedona, AZ: Sedona Press, 2007.
- Hawkins, David R. *Power vs. Force: The Hidden Determinants of Human Behavior*. Carlsbad, CA: Hay House, 1995.
- Hill, Napoleon. *Think and Grow Rich*. New York: Fawcett Books, 1960.
- Katie, Byron, and Stephen Mitchell. *A Thousand Names for Joy: Living in Harmony with the Way Things Are*. New York: Three Rivers Press, 2007.
- Katie, Byron, and Stephen Mitchell. *Loving What Is: Four Questions That Can Change Your Life*. New York: Harmony Books, 2002.
- Kinslow, Frank. *The Secret of Quantum Living*. Carlsbad, CA: Hay House, Inc., 2012.
- Mother Meera. *Answers*. Ithaca, NY: Meeramma Publications, 1991.
- Schwager, Jack D. *Market Wizards: Interviews with Top Traders*. New York: New York Institute of Finance, 1988.
- Schwager, Jack D. *The New Market Wizards: Conversations with America's Top Traders*. New York: Collins Business, 1992.
- Tharp, Van K. *Peak Performance Course for Traders and Investors*, 2nd ed. Cary, NC: International Institute of Trading Mastery (IITM), 2009.
- Tharp, Van K. *Super Trader: Make Consistent Profits in Good and Bad Markets*, 2nd ed. New York: McGraw-Hill, 2007.
- Tharp, Van K. *Trade Your Way to Financial Freedom*, 2nd ed. New York: McGraw-Hill, 2006.
- Tharp, Van K. *Van Tharp's Definitive Guide to Position Sizing Strategies*. Cary, NC: International Institute of Trading Mastery, 2008.
- Walsch, Neale Donald. *The Complete Conversations with God*. Charlottesville, VA: Hampton Roads Publishing, 2005.

- Bateson, Gregory. *Steps to an Ecology of Mind*. New York: Ballantine Books, 1978.
- Braden, Gregg. *The Isaiah Effect*. New York: Three Rivers Press, 2000.
- Cameron, Julia. *The Artist's Way: A Spiritual Path to Higher Creativity*. London: Penguin, 1992.
- Chopra, Deepak, Debbie Ford, and Marianne Williamson. *The Shadow Effect: Illuminating the Hidden Power of Your True Self*. New York: HarperCollins, 2010.
- Coit, Lee. *Listening: How to Increase Awareness of Your Inner Guide*. Ventura, CA: Los Brisas Publishing, 1985.
- Dilts, Robert. *Belief Systems, Health, and Longevity*. Pamphlet from a seminar given in Santa Cruz, CA: January 26–30, 1989. For more information, contact Dynamic Learning Publications.
- Dyer, Wayne W. *Real Magic: Creating Miracles in Everyday Life*. New York: HarperCollins, 1992.
- Franck, Frederick. *Zen of Seeing: Seeing/Drawing as Meditation*. New York: Vintage, 1973.
- Frankl, Viktor E. *Man's Search for Meaning*. New York: Washington Square Press, 1959.
- Gladwell, Malcolm. *The Tipping Point: How Little Things Can Make a Big Difference*. New York: Little, Brown & Co., 2000.
- The Gospel of Ramakrishna*, abridged ed. Translated into English by Swami Nikhilananda. New York: Ramakrishna-Vivekananda Center, 1970.
- Hagstrom, Robert, Jr. *The Warren Buffett Way: Investment Strategies of the World's Greatest Investor*, 2nd ed. Hoboken, NJ: John Wiley & Sons, 2004.
- Kinslow, Frank. *Eufeling! The Art of Creating Inner Peace and Outer Prosperity*. Carlsbad, CA: Hay House, 2012.
- Lipton, Bruce. *The Biology of Belief: Unleashing the Power of Consciousness, Matter and Miracles*. Carlsbad, CA: Hay House, 2008.
- Losier, Michael J. *Law of Attraction*. New York: Wellness Central, 2003.
- Lowenstein, Roger. *When Genius Failed: The Rise and Fall of Long-Term Capital Management*. New York: Random House, 2000.
- Mooney, Stuart. *American Buddha*. Fairfield, IA: 1st World Publishing, 2007.
- McMillan, Lawrence. *Options as a Strategic Investment, 5th ed.* New York: Prentice Hall, 2012.
- Melchizedek, Drunvalo. *Serpent of Light: Beyond 2012—The Movement of the Earth's Kundalini and the Rise of the Female Light, 1949 to 2013*. San Francisco: Red Wheel/Weiser, 2007.
- Palmer, Harry. *Living Deliberately: The Discovery and Development of Avatar*. Altamonte Springs, FL: Star's Edge International, 1994.
- Price, John Randolph. *The Abundance Book*. Carlsbad, CA: Hay House, 1987.
- Renard, Gary R. *The Disappearance of the Universe: Straight Talk about Illusions, Past Lives, Religion, Sex, Politics, and the Miracle of Forgiveness*. Carlsbad, CA: Hay House, 2002.
- Schwager, Jack D. *Hedge Fund Market Wizards: How Winning Traders Win*. Hoboken, NJ: John Wiley & Sons, 2012.

- Taylor, Jill Bolte. *My Stroke of Insight: A Brain Scientist's Personal Journey*. New York: Penguin, 2006.
- Tharp, Van K., D. R. Barton, and Steve Sjuggerud. *Safe Strategies for Financial Freedom*. New York: McGraw-Hill, 2004.
- Tharp, Van K., and Brian June. *Financial Freedom through Electronic Day Trading*. New York: McGraw-Hill, 2000.
- Tolle, Eckhart. *A New Earth: Awakening to Your Life's Purpose*. New York: Penguin, 2005.
- Tolle, Eckhart. *Practicing the Power of Now: Essential Teachings, Meditations, and Exercises from the Power of Now*. Novato, CA: New World Library, 1999.
- Tolle, Eckhart. *The Power of Now: A Guide to Spiritual Enlightenment*. Novato, CA: New World Library, 1999.
- Wattles, Wallace D. *The Science of Getting Rich*. Tucson: Icen Books, 2002. Originally published in 1910.